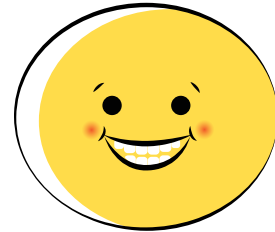
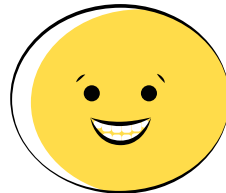
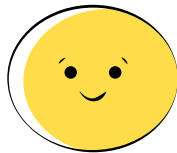


How Big Are My Feelings?

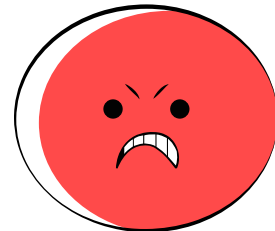
Today I am feeling...

Circle the feeling/s you have today and the size of the feeling.

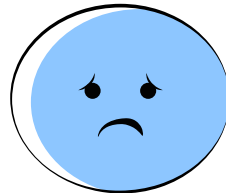
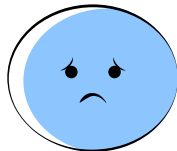
Happy



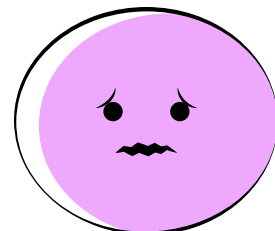
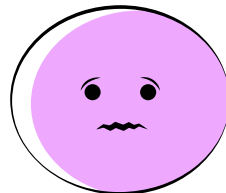
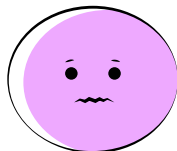
Mad



Sad



Worried



(Feeling)

