TRAILS Suicide Risk Management provides school mental health professionals (SMHPs) with training and tools to identify students at risk of suicide, connect them to appropriate services, and coordinate their care beyond the school setting.

The TRAILS Suicide Risk Management Protocol trains SMHPs to utilize standardized, validated suicide risk screening tools to determine whether a referral to emergency services is needed.

When making a referral, SMHPs will submit the TRAILS Emergency Services Referral Worksheet to their local emergency department (ED) or crisis service provider. After assessing the student, providers will fill out the remainder of the form with their care recommendations and return it to the school — establishing bidirectional communication between schools and emergency services, and enhancing overall coordination of student care.

Suicide Risk/Referral Training

The TRAILS Suicide Risk/Referral training provides participants with tools that promote timely and effective identification and management of student suicide risk, as well as a system to initiate and manage referrals to higher levels of care. Training includes:

- Introduction to a standardized screening tool to accurately assess student suicide risk
- Guidance on the use of the TRAILS Suicide Risk Management Protocol
- Best practices for virtual suicide risk assessment and management

The TRAILS Emergency Services Referral Worksheet — part of the TRAILS Suicide Risk Management Protocol — was collaboratively developed by University of Michigan psychiatric care experts, school partners, and members of the TRAILS clinical team.

How can I bring TRAILS programming to my school?

TRAILS currently provides training, resources, and implementation support for Tier 3 services throughout the state of Michigan. As a first step, please tell us about the needs of your school or district by answering a few short questions. We look forward to hearing from you!