

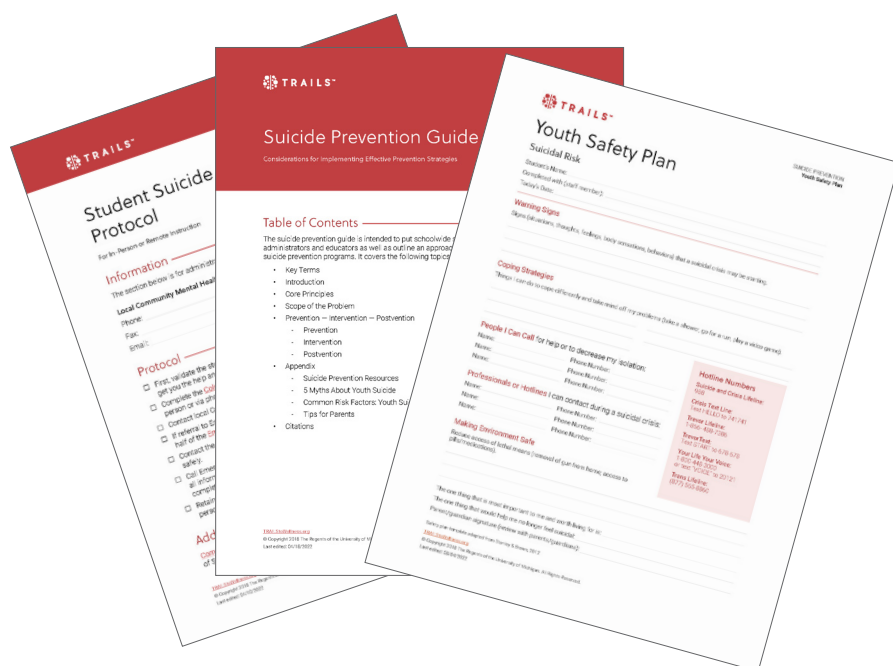


# Suicide Prevention and Risk Management

TIER 3

For students experiencing suicidal ideation

TRAILS Suicide Prevention and Risk Management helps schools reduce stigma, encourage help-seeking, and connect students at risk of suicide with the care they need. This program supports school leaders in building a holistic approach to suicide prevention (including specialized training for teachers and caregivers), while equipping school mental health staff with an evidence-based protocol for navigating student suicide risk.



## 4 audience-specific training options

Trainings for all members of the school community create a shared language and a stronger referral system schoolwide.

## 3 essential categories of support

The TRAILS Suicide Prevention Guide offers best practices for suicide prevention, intervention, and postvention. [Read more.](#)

## How it works

- 1 **Administrators** allocate 1-2 semesters for program implementation and identify staff to attend training
- 2 TRAILS provides role-specific training and materials for **each** of the following groups:
  - For school leadership
  - For school mental health professionals (e.g., counselors, social workers)
  - For teachers and paraprofessionals
  - For families and community members
- 3 TRAILS provides school staff with ongoing support through workshops, Q&As, newsletters, and more

Want to learn more about TRAILS? Visit us at [TRAILStoWellness.org](https://TRAILStoWellness.org) or [click here](#) to get in touch.