TRAILS Suicide Prevention and Risk Management helps schools reduce stigma, encourage help-seeking, and connect students at risk of suicide with the care they need. This program supports school leaders in building a holistic approach to suicide prevention (including specialized training for teachers and caregivers), while equipping school mental health staff with an evidence-based protocol for navigating student suicide risk.

### 4 audience-specific training options
Trainings for all members of the school community create a shared language and a stronger referral system schoolwide.

### 3 essential categories of support
The TRAILS Suicide Prevention Guide offers best practices for suicide prevention, intervention, and postvention. Read more.

#### How it works

1. **Administrators** allocate 1-2 semesters for program implementation and identify staff to attend training.

2. **TRAILS** provides role-specific training and materials for each of the following groups:
   - For school leadership
   - For school mental health professionals (e.g., counselors, social workers)
   - For teachers and paraprofessionals
   - For families and community members

3. **TRAILS** provides school staff with ongoing support through workshops, Q&As, newsletters, and more.

Want to learn more about TRAILS? Visit us at [TRAILStoWellness.org](http://www.TRAILStoWellness.org) or click here to get in touch.